

Weekly Schedule

(Example 1)

**Start time can be adjusted to let kids sleep a little more in the morning

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00	Morning routine/ Healthy Breakfast	Morning routine/ Healthy Breakfast	Morning routine/ Healthy Breakfast	Morning routine/ Healthy Breakfast	Morning routine/ Healthy Breakfast
9:00	Math	Math	Math	Math	Math
10:00	Specials (Art/PE/ Music/ Makerspace) Pick one	Specials (Art/PE/ Music/ Makerspace) Pick one	Specials (Art/PE/ Music/ Makerspace) Pick one	Specials (Art/PE/ Music/ Makerspace) Pick one	Specials (Art/PE/ Music/ Makerspace) Pick one
11:00	Language Arts	Language Arts	Language Arts	Language Arts	Language Arts
12:00	*Recess	*Recess	*Recess	*Recess	*Recess
1:00	Lunch	Lunch	Lunch	Lunch	Lunch
2:00	Social Studies/ Science	Social Studies/ Science	Social Studies/ Science	Social Studies/ Science	Social Studies/ Science
3:00	Independent Reading	Independent Reading	Independent Reading	Independent Reading	Independent Reading
4:00	Complete any work that you did not get to	Complete any work that you did not get to	Complete any work that you did not get to	Complete any work that you did not get to	Complete any work that you did not get to

Make sure to get a good night sleep each day!

*Recess: Go outside (in your own yard); play a game with your family, color, watch a show, do a puzzle, legos, video games

**It is encouraged to give your child 5-10 minutes in between subjects to stretch, relax and refocus

Weekly Schedule (Example 2)

**Start time can be adjusted to let kids sleep a little more in the morning

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00	Morning routine/ Healthy Breakfast	Morning routine/ Healthy Breakfast	Morning routine/ Healthy Breakfast	Morning routine/ Healthy Breakfast	Morning routine/ Healthy Breakfast
9:00	Math	Language Arts	Math	Language Arts	Math
10:00	Specials (Art/PE/ Music/ Makerspace) Pick one	Independent Reading	Specials (Art/PE/ Music/ Makerspace) Pick one	Independent Reading	Specials (Art/PE/ Music/ Makerspace) Pick one
11:00	Language Arts	Math	Language Arts	Math	Language Arts
12:00	*Recess	*Recess	*Recess	*Recess	*Recess
1:00	Lunch	Lunch	Lunch	Lunch	Lunch
2:00	Social Studies/ Science	Social Studies/ Science	Social Studies/ Science	Social Studies/ Science	Social Studies/ Science
3:00	Independent Reading	Specials (Art/PE/ Music/ Makerspace) Pick one	Independent Reading	Specials (Art/PE/ Music/ Makerspace) Pick one	Independent Reading
4:00	Complete any work that you did not get to	Complete any work that you did not get to	Complete any work that you did not get to	Complete any work that you did not get to	Complete any work that you did not get to

Make sure to get a good night sleep each day!

*Recess: Go outside (in your own yard); play a game with your family, color, watch a show, do a puzzle, legos, video games

**It is encouraged to give your child 5-10 minutes in between subjects to

stretch, relax and refocus

Weekly Schedule

(Template--Create your own with your child)

**Start time can be adjusted to let kids sleep a little more in the morning

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00					
8:00					
9:00					
10:00					
11:00					
12:00					
1:00					
2:00					
3:00					
4:00					

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*Recess: Go outside (in your own yard); play a game with your family, color, watch a show, do a puzzle, legos, video games

**It is encouraged to give your child 5-10 minutes in between subjects to stretch, relax and refocus